

# EMPIRE GYMNASTICS CENTER CLASSES

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>KINDER</b>							
Tiny Tumblers Parent Participation	45 min		10:00 am	10:00 am	10:00am		
K1 Tumble Tigers Ages 3-4	45 min	10:00 am	11:00am	9:00 am 9:00 am 11:00 am		10:00 am 11:00am	10:00 am
K2 Tumble Monkeys Ages 4-5	45 min	11:00am	9:00 am 10:00 am	10:00 am	10:00 am 11:00am	9:00 am 10:00am	11:00 am
K3 Tumble Bears Ages 4-6	45 min	9:00am	11:00 am		11:00 am	11:00 am	

## GIRLS GYMNASTICS

Girls 1 (Beginner) Ages 5-13	55 min	3:30 pm (Young) 3:30 pm 3:30 pm 4:30 pm 5:30 pm 6:30 pm	3:30 pm 3:30 pm 3:30 pm (Young) 4:30pm (Young) 4:30 pm (1/2) 5:30 pm 5:30 pm 6:30 pm 6:30 pm	3:30 pm (Young) 3:30 pm 4:30 pm 5:30 pm 5:30 pm (Young) 6:30 pm	12:00pm 2:30 pm (Young) 3:30 pm 5:30 pm	3:30 pm 4:30 pm (Young) 4:30 pm	9:00 am
Girls 2 (Intermediate) Ages 6-14	55 min	4:30 pm 4:30 pm 5:30 pm	4:30 pm	3:30pm 4:30 pm	3:30pm 4:30 pm 5:30 pm 6:30 pm	3:30 pm 3:30 pm	
Girls 3 (Advanced) Ages 8-14	75 min	6:30 pm	4:30 pm		6:30 pm	6:30 pm	

## BOYS GYMNASTICS

Boys 1/2 (Beginner/ Intermediate) Ages 5-12	55 min	3:30 pm 4:30 pm	3:30 pm	3:30 pm	4:30 pm	3:30 pm	
Boys 2 (Intermediate) Ages 5-12	55 min		4:30 pm		3:30 pm		

## TUMBLING

Tumbling 1 Ages 5-18	55 min	3:30 pm (Young) 5:30 pm 6:30 pm	3:30 pm 6:30 pm	4:30 pm 5:30 pm 6:30 pm	3:30 pm 3:30 pm (Young) 4:30 pm	2:30 pm (Young) 3:30 pm 4:30 pm 5:30 pm	9:00 am
Tumbling 2 Ages 6-18	1 hr	2:00 pm 3:30 pm 4:30 pm 5:30 pm	4:30 pm 5:30pm	3:30 pm 4:30 pm 7:30 pm	3:30 pm	4:30 pm 5:30 pm	
Tumbling 2-3 Ages 8-18	1 hr	2:30 pm		4:30pm			
Tumbling 3 Ages 8-18	1 hr	5:30 pm 6:30 pm		5:30 pm	5:30 pm		
Tumbling 1-2-3 Ages 8-18	1 hr	7:30 pm					