

EMPIRE GYMNASTICS CENTER CLASSES

KINDER (Morning)		Mon	Tues	Wed	Thur	Fri	Sat
Tiny Tumblers Parent Participation	45 min		10:00	10:00	10:00		
K-1 Tumble Tigers Ages 3-4	45 min	10:00 11:00		9:00 11:00			10:00
K-2 Tumble Monkeys Ages 4-5	45 min	9:00	9:00 10:00 11:00	10:00	10:00 11:00	9:00 10:00	11:00
K-3 Tumble Bears Ages 4-6	45 min		11:00	9:00	11:00	11:00	

GIRLS GYMNASTICS		Mon	Tue	Wed	Thur	Fri	Sat
Girls 1 (Beginner) Ages 5-13	55 min	3:30 (Young) 3:30, 3:30 4:30 5:30 6:30	3:30, 3:30 4:30 (Young) 4:30 (1/2) 5:30, 5:30 6:30, 6:30	3:30 (Young Ladies) 4:30 5:30, 5:30 5:30 (Young) 6:30	2:30 (Young) 3:30 5:30	3:30 4:30 4:30 (Young)	9:00
Girls 2 (Intermediate) Ages 6-14	55 min	4:30, 4:30 5:30		3:30 4:30	4:30 5:30 6:30	3:30, 3:30	
Girls 3 (Advanced) Ages 8-14	75 min	6:30	4:30		6:30	3:30 6:30	

BOYS GYMNASTICS		Mon	Tue	Wed	Thur	Fri	Sat
Boys 1/2 (Beginner/Intermediate) Ages 5-12	55 min	3:30 4:30	3:30	3:30	4:30	3:30	
Boys 2 (Intermediate) Ages 5-12	55 min		4:30		3:30		

TUMBLING		Mon	Tue	Wed	Thur	Fri	Sat
Tumbling 1 Ages 5-18	55 min	3:30 3:30 (Little Tumblers) 5:30 6:30	3:30 6:30	4:30 5:30 6:30	3:30 3:30 (Little Tumblers) 4:30	2:30 (Young) 3:30 4:30 5:30	9:00 (1/2)
Tumbling 2 Ages 6-18	1 hr	2:00 4:30 5:30	4:30 5:30	3:30 4:30 7:30	3:30	4:30 5:30	
Tumbling 2-3 Ages 8-18	1 hr	2:30		4:30			
Tumbling 3 Ages 8-18	1 hr	5:30 6:30		5:30	5:30		
Tumbling 1-2-3 Ages 8-18	1 hr	7:30					

ADDITIONAL CLASS OFFERINGS

ADDITIONAL CLASSES		Mon	Tue	Wed	Thur	Fri	Sat
	30 min	12:15 Homeschool Gymnastics 4:30 Flexibility					

Monday, February 4, 2019