



Empire Gymnastics Center Classes

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TOTS							
Tiny Tumblers Parent Participation	45 Min		10:00 Mike	10:00 Vicky			
K-1 Tumble Tigers Ages 3-4	45 Min	9:00 Vicky	9:00 Vicky 11:00 Vicky	9:00 Mike 11:00 Vicky	10:00 Vicky	10:00 Mike	10:00 Raychel
K-2 Tumble Monkeys Ages 4-5	45 Min	10:00 Mike 10:00 TBD	10:00 Vicky	10:00 Mike	11:00 Vicky	9:00 Mike	
K-3 Tumble Bears Ages 4-6	45 Min		11:00 Mike		11:00 Mike	11:00 Mike	

GIRLS

Bronze Ages 5-13	55 Min	3:30 Mike 3:30 Raychel 6:30 Vicky	3:30 Vicky 5:30 Raychel	4:30 Mike 5:30 Vicky	2:30 Brandon (beginner) 3:30 Brandon 4:30 Courtney	3:30 Mike 4:30 Vicky	9:00 Raychel
Silver Ages 6-14	55 Min	4:30 Brandon 7:30 Vicky	4:30 Vicky	4:30 Courtney	5:30 Courtney 6:30 Vicky	3:30 Brandon	
Gold Ages 8-14	75 Min	6:30 Courtney			6:30 Courtney	3:30 TBD 6:30 Vicky	

BOYS

Bronze Silver Ages 5-12	55 Min	4:30 Mike	3:30 Mike		4:30 Mike		
----------------------------	--------	-----------	-----------	--	-----------	--	--

TUMBLING

Tumbling 1 Beginning Tumbling (Young) Age 3-4	55 Min					2:30 Brandon	
Tumbling 1 Ages 5-18	55 Min	3:30 Brandon 5:30 Raychel	4:30 Mike 6:30 Vicky	3:30 Mike 6:30 Vicky	3:30 Mike	3:30 Vicky 5:30 Vicky	9:00 Madison
Tumbling 2 Ages 6-18	1 Hr	5:30 Vicky		4:30 Vicky 7:30 Vicky		4:30 Brandon 7:30 Vicky	
Tumbling 3 Ages 8-18	1 Hr	5:30 Mike			5:30 Mike 6:30 Mike		

CHEERNASTICS

Cheernastics Ages 5-13	55 Min		4:30 Raychel	7:30 Raychel			10:00 Madison
---------------------------	--------	--	--------------	--------------	--	--	------------------